

neighborhood news



Jan. 2019

news for and about
Bellevue neighborhoods

Celebrating Dr. Martin Luther King, Jr.

Thursday, Jan. 17, 12:30-2 p.m. Bellevue City Hall,
Council Chambers

Please join us for the City of Bellevue's annual Dr. Martin Luther King Celebration at City Hall. On this day we honor Dr. King's legacy and recommit to building a beloved, welcoming community for all.

Dr. Martin Luther King, Jr. Celebration and Health Fair

Monday, Jan. 21, 11 a.m.-3 p.m.

Crossroads Bellevue Market Stage

15600 NE 8th St, Bellevue

Head over to Crossroads Shopping Center for the annual Dr. Martin Luther King Celebration and Health Fair. This popular event offers inspiring talks by guest speakers and community leaders, live entertainment and community performances that honor Dr. King's legacy. Visitors will have the opportunity to donate blood, receive free health screenings and explore a variety of health-related community resources.



Plant Trees on Dr. Martin Luther King, Jr. Day

Monday, Jan. 21, 10 a.m.-2 p.m.

Eastgate Park, 14500 SE Newport Way

Help improve the health of our parks and forests at a tree planting at Eastgate Park. Gloves, tools, hot drinks, water and snacks will be provided. Rain or shine, come ready to plant alongside dedicated volunteers. For more information, call 425-452-6048 or go to EarthCorps.org and click on "Volunteer Calendar."

To subscribe to Neighborhood News electronically Planning.BellevueWA.gov/community-development/neighborhoods/neighborhood-news

Celebrate South Bellevue

Community Center's 13th Birthday

Sunday, Jan. 3 thru Saturday, Jan. 12

14509 SE Newport Way



To honor 13 years of building a healthy community, many instructors will offer free classes, activities

and programs during these dates. Come celebrate with Indoor Cycling, Zumba, Rock Climbing, Boot Camp with Karie, Parent/Child Indoor Play, Strong & Fit for Seniors/Adults, Drop-in Sports, Total Body Fitness, Purna Yoga, Pilates, Jazzercise, Yang Style Tai Chi, Parkour, Post Rehab Strength, Children's Ballet and more. Pre-registration is not required.

For more information, call 425-452-4240 or visit Parks.BellevueWA.gov/SBCC

Meet the new Neighborhood

Outreach Manager

Mark Heilman joined the Outreach team as the new Neighborhood Outreach Manager in December. Mark will be supporting three staff and numerous events that bring our city together to learn, share and serve.

He has been working with the city's Community Development department as Community Engagement Lead since July 2017.

Mark grew up in Illinois, and he and his wife, Diana moved to Bellevue from Dallas-Fort Worth. They have three adult children and two granddaughters, and on weekends they enjoy exploring the beauty of the area.

Neighborhood Outreach provides an array of options for residents to connect and contribute. The team plans events and programs throughout the year, including Bellevue Essentials, Neighbor Link, Cultural Conversations, Neighborhood Enhancement Program, Neighborhood Leadership Gatherings and Forums,



Neighborhoods Conference, Day of Sharing and Caring, Neighborhood Walks, and produce the Neighborhood News and Volunteer Resource Guide. They also provide outreach and event support for other citywide initiatives and programs.

As part of his role, Mark will be a liaison for four Bellevue neighborhood areas, and he looks forward to meeting many more new friends in 2019! Mark would love to hear from community members and can be reached at mheilman@BellevueWA.gov or 425-452-2735.

Mike McCormick-Huentelman, who has served as Neighborhood Outreach Manager for the past six years, remains on City of Bellevue staff as Assistant Director for Neighborhood Services.

Also recently joining our staff:



Yuriana Garcia Tellez is the Diversity Outreach and Engagement Administrator. A first-generation, Latina professional, she grew up in Washington State in a small, agricultural town and later attended the University of Washington. Over the last six years, Yuriana has worked

on higher education initiatives to increase access and success of immigrant and first-generation students by creating culturally responsive programs and trainings at UW and more recently at Rutgers University. As an immigrant herself, Yuriana has a passion and personal investment in working with under-represented communities to provide a voice in areas where they are traditionally isolated. Yuriana's goal is to engage diverse communities in Bellevue in local city government and to be at the forefront of equity initiatives.



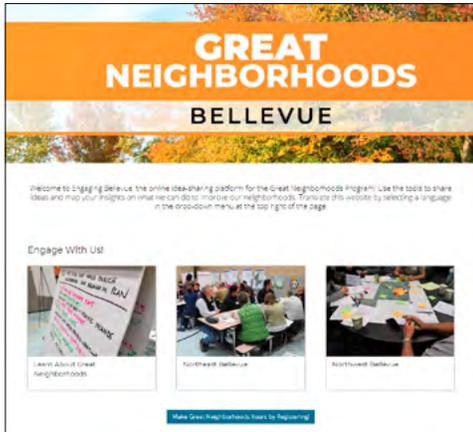
Blayne Amson is the ADA/Title VI Civil Rights Program Administrator for the City of Bellevue. He works with the Diversity Advantage Team out of the City Manager's Office. Blayne supports all City departments to ensure that Bellevue continues to be a welcoming, accessible

and inclusive space for all to live, work and play. He is the primary point of contact for accessibility needs for people with disabilities who engage with City of Bellevue facilities or programming. He creates and maintains partnerships with disability organizations throughout the region.

New Online Engagement Tool

The Great Neighborhoods program now has a new way to engage! In December, the Community Development Department launched its online engagement platform, EngagingBellevue.com

Residents and stakeholders in Northeast and Northwest Bellevue are encouraged to visit and share their input on ways to make their neighborhoods even better!



Engagingbellevue.com is also a place for residents to learn more about the city's neighborhood area planning program, known as Great Neighborhoods, as well as to interact with and learn from their neighbors. Input shared on this online platform will inform the development of the neighborhood area plans by identifying and refining issues and opportunities that may serve as the foundation for local strategies. Engage with us to keep the conversation going.

Neighborhood Enhancement Program

Downtown/BelRed kick off

Tuesday, Jan. 29, 6:30-8 p.m.

Bellevue City Hall, 450 110th Ave NE, Room 1E-108

This month, the NEP process will be launching for the first time in Downtown/BelRed, which has been allocated nearly \$500,000 for enhancements.

The Neighborhood Enhancement Program (NEP) is a \$5 million, city-funded capital improvements program that allows residents to propose and select projects that improve their neighborhood's quality of life and enhance its character. The program rotates through the city's 14 NEP neighborhood areas, serving two areas each year. Since 2015, NEP has rotated through the Eastgate/Factoria, Cougar Mountain/Lakemont, West Lake Sammamish, Northeast Bellevue, Bridle Trails and Northwest Bellevue areas.



City staff will provide attendees with a brief overview of the program guidelines and schedule, answer questions, and invite residents to share, discuss and submit project ideas. Following the kick-off meeting, each household in Downtown/BelRed will receive a prepaid NEP project request form in the mail. We encourage all residents in the Downtown/BelRed area to use this form, or the online project request form on the NEP website, to submit as many NEP project requests as they want by March 12, 2019.

To find out which NEP area you call home, when your area will be eligible and how much funding your area has been allocated, please visit BellevueWA.gov/NEP. For more information about NEP, please contact Theresa Cuthill at tcuthill@BellevueWA.gov or 425-462-4186.

Upgrades on 156th Avenue S.E.

Open House

Tuesday, Jan. 29, 4:30-6:30 p.m.

Lake Hills Library – 15590 Lake Hills Blvd

Residents in the Lake Hills area who want to provide input about upcoming traffic and safety improvements at three intersections on 156th Avenue Southeast are invited to an upcoming open house at the Lake Hills Library.

The open house hosted by the Transportation Department will be in the library's meeting room. Limited parking is available on a surface lot and in the underground garage.

Attendees can learn about design concepts for the 156th Avenue Southeast intersections at Lake Hills Boulevard, Southeast 16th Street and Southeast 24th Street. Goals for the project include improving safety and traffic flows, and maintaining a neighborhood feel. Transportation staff want to hear from community members about their concerns and ideas for improvement.

Once residents provide input, transportation staff will develop intersection designs and share their recommendations at a second open house next spring. Final designs are expected in May 2019.

If you have questions or comments, please contact Darek Jarzynski, project manager, at 425-452-4277 or djarzynski@BellevueWA.gov

Safeguarding Winters House during light rail construction

It's easy to see the protective plastic sheathing wrapped around Winters House which is situated on the west side of Mercer Slough Nature Park. What's not easy to see is how the building is being preserved while East Link light rail construction is occurring just a few feet away.

Around three exterior sides, scaffolding covered in the plastic wrap provides a protective barrier. The wrap was recently re-secured after becoming loose due to strong winds.

Inside, fans, dehumidifiers and heaters maintain airflow and dry conditions. Additionally, monitoring equipment detects ground movement and vibration which sends an alert if threshold levels are exceeded. To date, no alerts have occurred.

All these mitigation measures are regularly inspected by the city, Sound Transit and its contractor. Mike Bowers, structural operations manager, Bellevue Parks and Community Services Department, visits Winters House monthly to inspect the various devices.

These safeguarding efforts will continue throughout light rail construction. Sound Transit and its contractor will be responsible for repairs to protect the structure's historic status should damage occur while East Link is being built as well as throughout the first year of light rail operation.

During the design and engineering phase of East Link, potential impacts to the Winters House were evaluated by Sound Transit in consultation with the Washington Department of Archeology and Historic Preservation (DAHP). A Memorandum of Agreement between Sound Transit, the Federal Transit Authority and DAHP addresses safeguarding Winters House before, during and after light rail construction.

For more information about East Link project mitigation, go to BellevueWA.gov/EastLink.

To subscribe to receive East Link project updates, go to soundtransit.org/subscribe.



Mike Bowers, with Bellevue Parks and Community Services, regularly inspects Winters House protection measures.



Quick Facts about Winters House

- Built in 1929 by Frederick and Cecilia Winters.
- Located within Mercer Slough Nature Park.
- Owned and maintained by the City of Bellevue, it provides educational programming and rental space.
- Listed on the National Register of Historic Places in 1992.
- Temporarily closed in fall 2016 due to light rail construction; expected to reopen prior to 2023 when East Link passenger service begins.

For more information: Parks.BellevueWA.gov/parks-and-trails/parks/winters-house



Make a Difference!

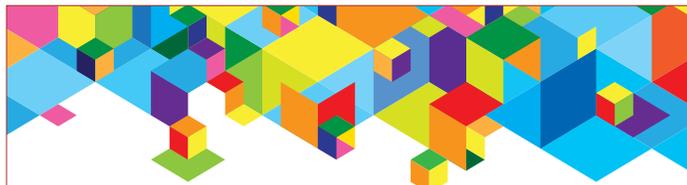
New Volunteer Resource Guide Available

Great news! The third edition of the Volunteer Resource Guide through the City of Bellevue is hot off the presses and waiting for YOU. This comprehensive guide with over 70 local organizations has something for everyone.

What's your passion? Whether it's preserving the beautiful scenery that surrounds us, protecting our furry friends or you have a heart for those in need of a little kindness and compassion, the Volunteer Resource Guide provides the information you need to make an impact.

The best part of all, the impact you make will be in YOUR city. Many hands make light work, so round up your kids, friends and neighbors and have fun giving back together. The Volunteer Resource Guide itself was created by volunteers who are alumni of the city's Bellevue Essentials program, a 10-week civic engagement class, held annually in the fall. For more information on Bellevue Essentials or for a printed copy of the guide, contact Julie Ellenhorn at jellenhorn@BellevueWA.gov.

Don't wait, check out the new Volunteer Resource Guide today at BellevueWA.gov/volunteering.



MAKE A DIFFERENCE
Volunteer Opportunities in Bellevue

FIND THE RESOURCE ONLINE AT

www.bellevuewa.gov/volunteer-guide



For more information contact Julie Ellenhorn at jellenhorn@bellevuewa.gov or 425-452-5372.

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CPR Classes Improve Odds for Heart Attack Survival

King County is a leader in cardiac arrest survival. Much of that success depends on bystanders recognizing the signs of cardiac arrest, calling 9-1-1 and initiating immediate cardiopulmonary resuscitation (CPR). If bystander CPR is not performed and five minutes elapse until Fire Department personnel arrive, the victim's chance of surviving is less than 50 percent.



The Bellevue Fire Department offers citizen CPR classes that follow the American Heart Association's Heartsaver CPR curriculum. Instruction includes doing effective compressions, breathing for a victim with and without a barrier mask and use of an automated external defibrillator. Classes are offered on a regular basis for residents at the downtown fire station as well as for business groups by request. For more information or to register call 425-452-6885 or visit Fire.BellevueWA.gov/medical/c-p-r-training.



Good Neighboring Tips

Elevating the Art of Listening

Over the next few months this column will focus on the aspect of communication that makes all the difference:



the art of listening. In the U.S. we learn public speaking and persuasive writing in school, but only 2 percent of the U.S. population is trained in the art of listening. Without good listening skills, we have more misunderstandings, false assumptions, arguments, lost ideas, empty relationships and one-sided decisions.

Listening starts with the listener. The attention we give to the inner act of listening can be life-changing. Paying deep attention to what it is to listen deeply is a first step toward improvement.

We all have had the experience of deeply listening. Imagine each of these moments:

It's early morning, still dark. You are in the cocoon of sleep. You begin to take in the day by listening for the sounds of the rain, and how hard; if it's snow, you extend your hearing for those subtle distinctions.

A child, maybe yours, is sleeping in the next room. You hear something. Shushing and casting your eyes sideways, you inwardly push all other sound out of the way to focus on her possible cry.

You hear a creak or bang in the house. While your heart might be thumping hard, you get quiet so that you can discern trouble whether it's tree branch, inside or outside, or foe or friendly noise.

You drive down the freeway, through cities and finally to wilderness. You turn down a dirt road, turn off the radio, then the engine and get out of the car. The silence smacks you, expanding all your sense: the warmth of the wind, the chirp of a bird, the ground under your feet, the scent of cedar.

It is this kind of attention that the artful listener gives to another person sharing his or her story. We drop everything else, get quiet inside, put aside our own mental chatter, zone out all that other sound, extend our antenna to take in all that the other person is saying and doing. We hear the choice of words, the tone with which they are spoken, the way the face and the body tell the inner story, what is not being said, and eventually, the deeper truth underneath the words.

If you would like to develop your listening skills, Bellevue Conflict Resolution Center is offering a 4-week workshop series in the "Art of Listening" at Newport

Way Library, Tuesdays in February, 6:30 – 8:30 p.m. You can register by contacting us at BCRC@BellevueWA.gov. For more details, please visit the "Community Workshops and Events" page of our website at: BellevueWA.gov/conflict-resolution.

Coming In February!

Cultural Conversations 5th Annual Evening Presentation

"Transcending Boundaries, Transforming Community"

Wednesday, Feb. 6, 7-9 p.m.

Bellevue City Hall, 450 110th Ave NE

Join family, friends and neighbors for the 5th annual evening of Cultural Conversations at City Hall. Three community members with diverse perspectives across continents and culture, will share stories of breaking boundaries at pivotal moments during their youth. Be inspired to learn, connect in conversation and understand how we ultimately benefit as a community when we all can pursue our dreams.

Cultural Conversations has transformed relationships and perspectives among diverse women in our community through education and storytelling since 2010. The evening forum is free and open to the public and welcomes women and men, as well as children, age 13 and up.

Parking is available in the P2 level of the City Hall parking garage on a first-come basis. For more information and accommodation needs, please email NeighborhoodOutreach@BellevueWA.gov, 425-452-6836; RSVP appreciated.



Boards and Commissions Meetings

(All meetings are in City Hall unless otherwise noted. Agendas are subject to change. You may confirm with Neighborhood Outreach the day before or day of the meeting. Or consult the City web pages listed below to download agendas.)

Bellevue Diversity Advisory Network

(6 p.m., Bellevue City Hall) Last Tuesday of each month
BellevueWA.gov/BDAN.htm

East Bellevue Community Council (6:30 p.m., Lake Hills Clubhouse, 15230 Lake Hills Blvd) First Tuesday of each month
BellevueWA.gov/EBCC.htm

Arts Commission (4:30 p.m., 1E-109) First Tuesday of each month
BellevueWA.gov/arts_comm.htm

Environmental Services Commission

(6:30 p.m., 1E-113) First Thursday of each month
BellevueWA.gov/enviro_serv_comm.htm

Planning Commission (6:30 p.m., 1E-113) Second and fourth Wednesday of each month
BellevueWA.gov/planning_commission.htm

Transportation Commission (6:30 p.m., 1E-113) Second Thursday of each month
BellevueWA.gov/trans_comm.htm

Human Services Commission (6 p.m., 1E-113) First and third Tuesday of each month
BellevueWA.gov/human_serv_comm.htm

LEOFF 1 Disability Board (6 p.m., Room 1E-118) First Tuesday of each month
BellevueWA.gov/leoff-1-disability-board.htm

Library Board (5p.m., Lake Hills, Bellevue or Newport Way Library) Third Tuesday of each month
BellevueWA.gov/library_board.htm

Parks & Community Services Board

(6 p.m., 1E-113) Second Tuesday of each month
BellevueWA.gov/parks_board.htm

The Bellevue Network on Aging (BNOA)

8:30 a.m., North Bellevue Community Center 4063 148th Ave NE, Bellevue) First Thursday of each month
BellevueWA.gov/network_on_aging.htm

Special Events Committee

(8:30 a.m., 1E-112) Second Thursday of each month
BellevueWA.gov/special_events_committee.htm

Youth Link Board

(6 p.m., 1E-120) Second Wednesday of each month
BellevueWA.gov/youth_link_board.htm

Bellevue's Neighborhood Services Division offers a variety of programs and partnerships for neighborhood leaders and active residents. To learn more about citizen involvement opportunities and programs to enhance neighborhoods, please visit our website at:

Planning.BellevueWA.gov/community-development/neighborhoods or call 425-452-6836 or email: neighborhoodoutreach@BellevueWA.gov.

To subscribe to this newsletter, visit:

Planning.BellevueWA.gov/community-development/neighborhoods/neighborhood-news

City Council <https://bellevue.legistar.com/Calendar.aspx>

Day	Scheduled Meeting(s)	Location	Public Comment Opportunity
1 and 3 Mondays except in August and December	6 p.m., Study Session	Council Conference Room	None
	8 p.m., Regular Session	Council Chambers	8 p.m., Oral Communications
2 and 4 Mondays except in August and December	6-10 p.m., Extended Study Session	Council Conference Room	6 p.m., Oral Communications
August - first Monday only	6 p.m., Study Session	Council Conference Room	None
	8 p.m., Regular Session	Council Chambers	8 p.m., Oral Communications
December - first and second Mondays only	6 p.m., Study Session	Council Conference Room	None
	8 p.m., Regular Session	Council Chambers	8 p.m., Oral Communications

Happy 2019!

